

How to crush your goals in 2020

By [Jane Njoku](#)

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The point of setting personal goals makes your life more purposeful and give you something to look out for. But what's the point of setting goals if you can't achieve them?



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I recently shared steps to setting personal goals for 2020, but the reason we are setting goals is to achieve them right? So now let us look at how to achieve or crush our set goals.



8 Steps to setting personal goals for 2020

Jane Njoku 27 Nov 2019



Step 1: Start working on your goals

One of the most difficult aspects of achieving your goals is taking the big first step to start working on the goals. It is good for you to start immediately and not procrastinate when to start working towards achieving your goals.

It is normal to be confused about where to start from, but if you have created an action plan earlier, it will be easier for you to pick it up and follow the process that you have written down.

It is important you start with something that will eventually lead to the ultimate goal at the end of the day. Starting out with something that leads to your ultimate goal will help you conquer the fear of starting something big.

For example, if you set a goal to learn a new skill, you can start by going online to learn about what the skill you want to learn is all about. Watch tutorials for beginners before you even go-ahead to take a course.

Step 2: Follow Your Action Plan

If you followed the steps on how to [set a personal goal](#), then you must have created an action plan on the processes you need to follow to achieve your goals.

Since you have created an action plan for your goals, now it is time for you to put your action plan into actual actions.



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For example, if you created a goal to buy land at a particular time, you can search for platforms where they sell land. You can also take a look at your financial status to make sure it is in line with the plan that you have created.

Step 3: Keep a list

It is good for you to keep a list of your goals and processes as you accomplish them. It is also good for you to review your goals from time to time.

Keep a record of what you have done each day to achieve each goal.

Keeping records is very important. When you have completed a goal on your list, don't just move on to the next goal. Keep a list of accomplished goals. By keeping a list of your accomplishments will help you stay motivated.

Step 4: Ask for advice

Sometimes, you may be confused about what to do next concerning your goals, but getting advice from someone that has achieved the goal that you want to achieve can help you get a headway in achieving your goals.

If you have someone that you can get advice from, the person can help you get over your fears and guide on how you can achieve your goals.

Step 5: See obstacles as a learning process

Obstacles are a part of human life, so you have to learn how to handle obstacles. If you want to achieve your goals at the end of the day, you should see obstacles as a learning process.

Sometimes, obstacles may push you to quit and stop doing anything at all, but if you have goals that you want to achieve you should always see them as learning processes.

Don't freak out when you experience challenges, but be calm and look forward to solving the challenges. When you make a mistake, don't beat yourself up just see it as a learning curve.

You should know that life is a journey, your life is a journey and achieving your goal is a process too. So you should embrace everything that comes with getting to where you want to be.

Mistakes are normal, and so you should see them as a propelling factor that will help you achieve your goal.

When you make a mistake, you should think positively and take advantage of that process to make the future even better.

Step 6: Stay positive and passionate

Whatever your goal is, it is born out of something that you want to achieve in the future. No matter the challenges that you experience in your process of achieving a goal, you should remain positive and constantly remind yourself of your drive.

If you are passionate about what you want to achieve in your future, then you should concentrate on being positive - looking at the big picture at the end of the day.

“ Safeguarding your passion with positivity is what will help you achieve your goals. ”

I understand that it could be quite challenging to set realistic goals, keep a record of them, and achieving your set goals can even be more difficult.

If you find it challenging to set and achieve set goals, then follow these steps, which will lead you to set realistic goals and also guide you on how you can achieve your set goals.

ABOUT JANE NJOKU

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