

... The Dusi



By [Brian Berkman: contributing editor, travel](#)

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Paul du Toit is a South African actor known for his roles as Dean on the e.tv's *Backstage* and Malan Koster in M-Net's *Binnelanders*. He has been nominated for and won FNB Vita Awards for acting as well as taking home a Fleur du Cap award and Naledi nomination for Best Contribution to a Musical. Here's a piece from him that is all about travel with a difference!



In *Rof of Spog*, the adventure, foodie and travel show recently screened on SABC2 and an English-language version currently on *Mzansi Magic*, he prefers the rugged outdoors over five-star hotels. One episode showed him in the Dusi Canoe Marathon.

10 Things I Love About The Dusi

By Paul du Toit, actor.

1. *Ernie Pearce weir*: Only 2k's into the race and already a 5m drop. Not the scariest in the race by any means, but enough to get the blood pumping and a taste of things to come!
2. *Free beer*: Served by a goddess in a bikini at the end of every day!
3. *Sharing in the collective madness*: Nearly 2000 grownups behaving like masochistic boy scouts for three days of pain and silliness.
4. *Comparisons, warts and all*: Comparing wart stories and calluses with your mates afterwards. (Over free bikini-served beers, naturally!)
5. *The secret schadenfreude*: That feeling you get when passing someone fixing their trashed boat on the river bank as you shout with feigned concern "Are you alright, buddy?"
6. *The profound annoyance*: What you feel when that same paddler passes you fixing *your* trashed boat on the river bank and shouts with feigned concern: "Are you alright, buddy?"
7. *On the water*: On the water, no one can hear you scream.
8. *Day 3*: Big, clean water (in the beginning anyway!) And some of the most awesome rapids and scenery Africa has to offer.
9. *Time for a swim*: Taking your tired, broken and blistered body for a swim in the warm Indian Ocean at the end.
10. *Time to relax*: After the race, the best mince kebab roti in Durban at Govender's House of Curries. If you don't know it, go there. You won't believe their food!

ABOUT BRIAN BERKMAN: CONTRIBUTING EDITOR, TRAVEL

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